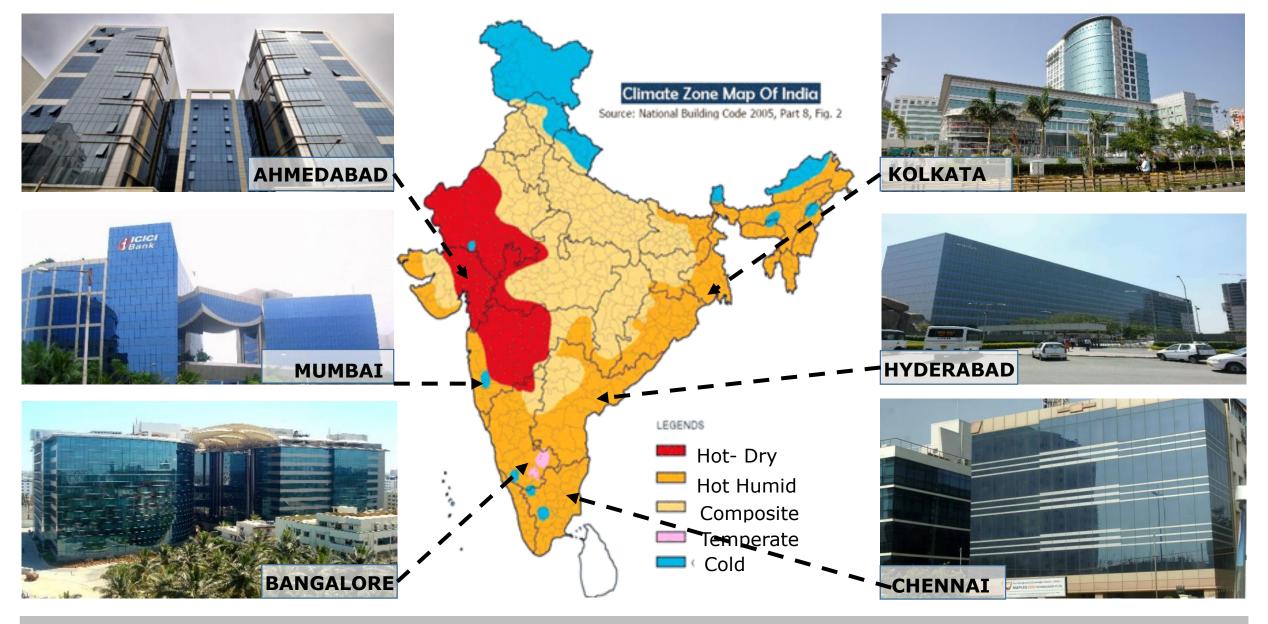
An Adaptive and Dynamic Design Approach for Natural Conditioning of Offices in Hot Climates of India

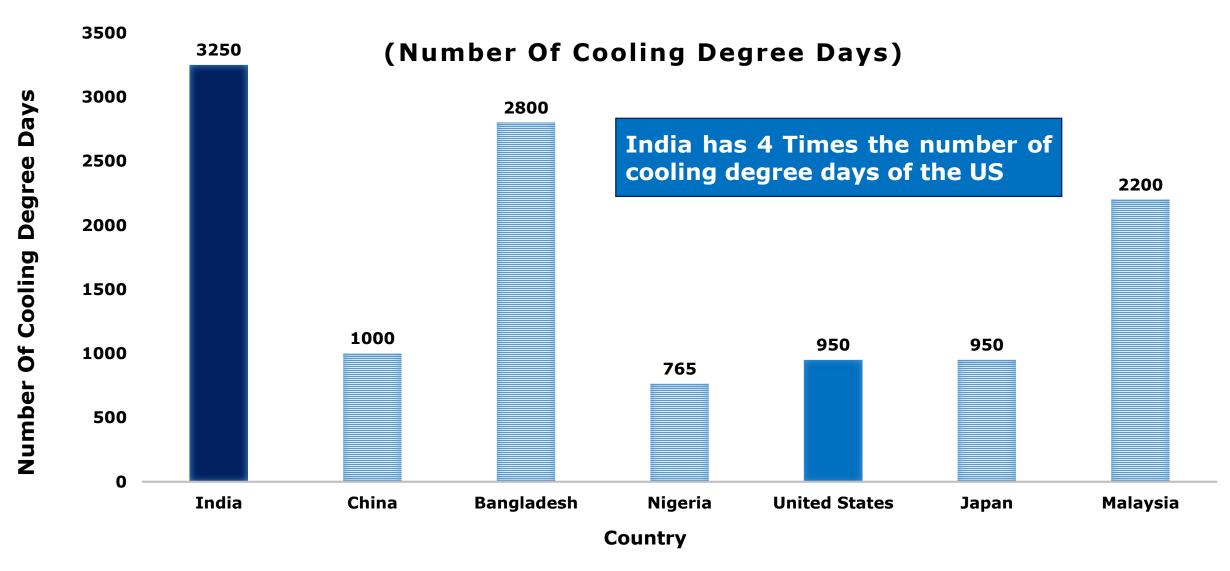
MSSD Synthesis Final Presentation
August 2016



Blind aping of 'GLASS BOX' architecture ... IRRELEVANT of Climate

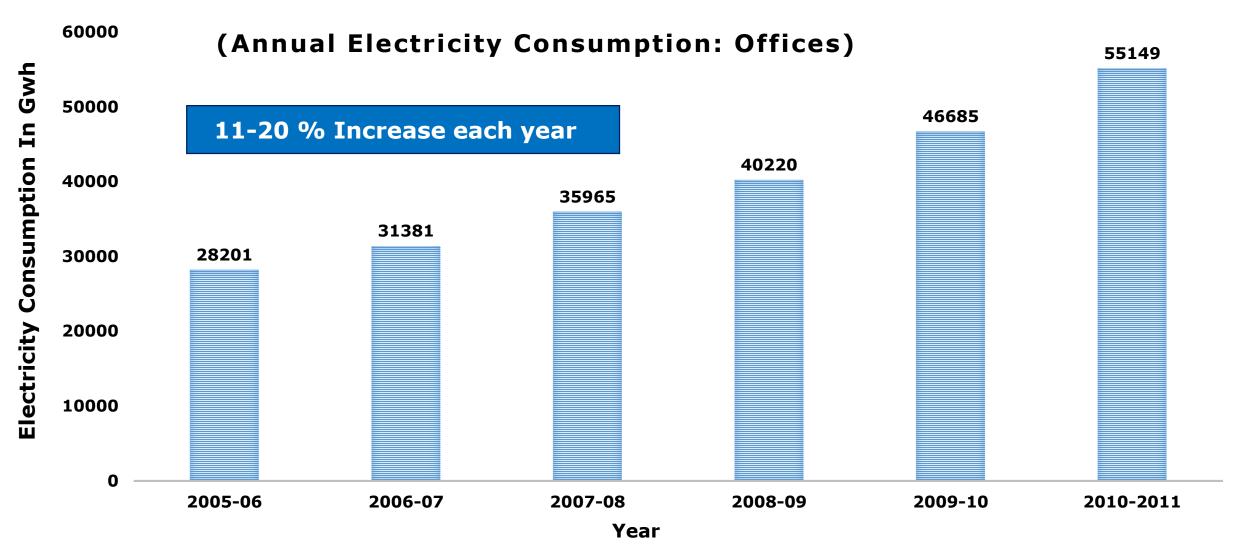


Air Conditioning 'The Glass Box'



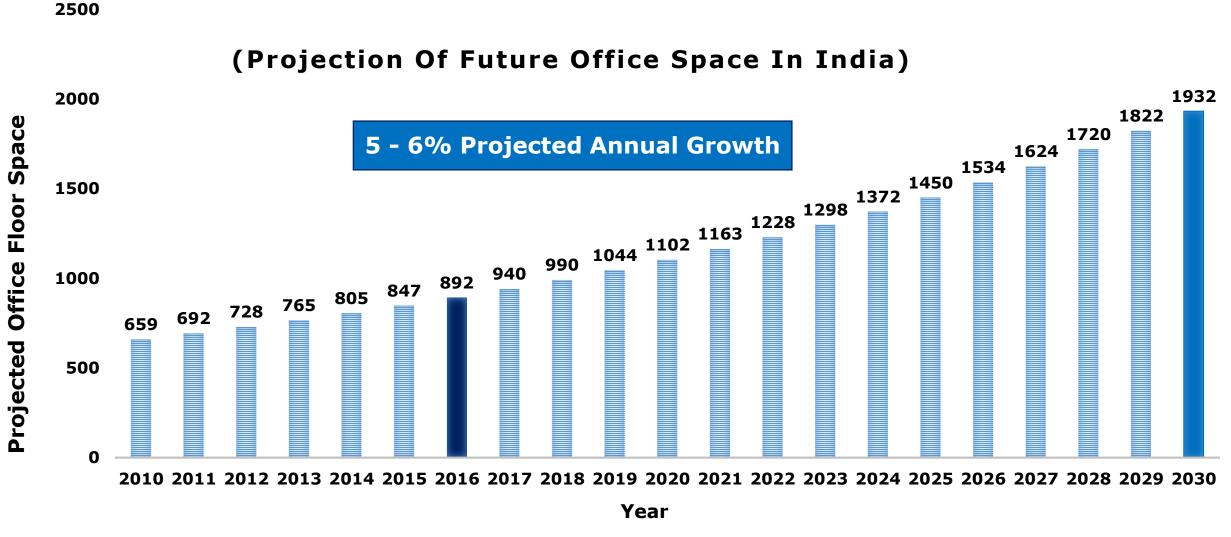
Source: Sivak, M. (2013, September). Will AC put a chill on the Global Energy Supply. American Scientist.

Constantly Increasing Electricity Consumption of Offices



Source: Energy Scenario in India. (2011). Central Electricity Authority.

Office Floor Space: Projected To Constantly Grow

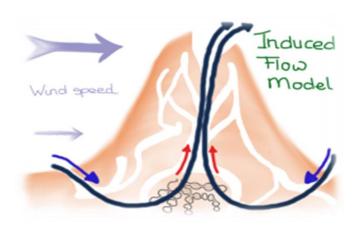


Source: (2015). Commercial Buildings Growth Forecast, ECBC.

What if an office building could, at any time, be optimized for the environmental conditions around it?

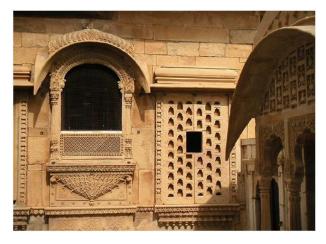
What if that meant more **comfortable** employees, **lower energy** use and significant **savings** in operating costs?

What if **the aesthetic and spatial quality** of these buildings could be **enhanced** by embracing passive conditioning strategies during the design process?



Ingenious Natural Processes

3-Tier Analysis Approach



Sustainable Vernacular Practices



Modern High Performance Strategies

Hypothesis:

In the increasingly warming climates of India, future office architecture must adopt **dynamic and adaptive design solutions** in order to design office buildings to be **resilient**, **energy efficient**, **beautiful**, **healthy and comfortable**, while enhancing the spatial quality and productivity of workspaces, without compromising any key performance criteria.

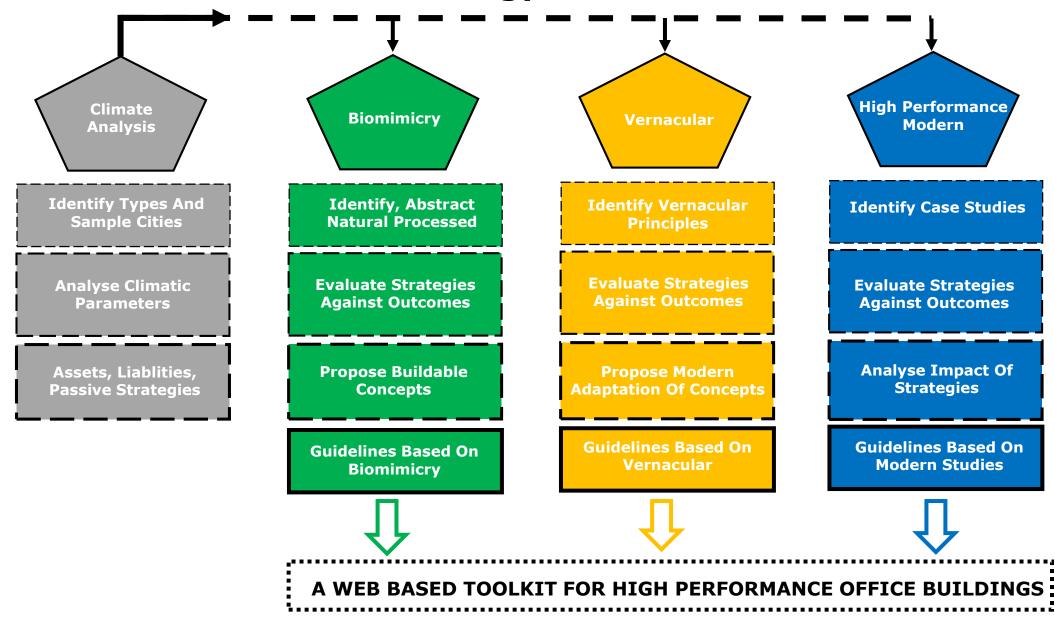
Sub - Hypotheses:

Biomimicry offers invaluable insights for form finding based on dynamic behaviour that can lead to adaptive façade solutions that ensure resiliency and sustainability.

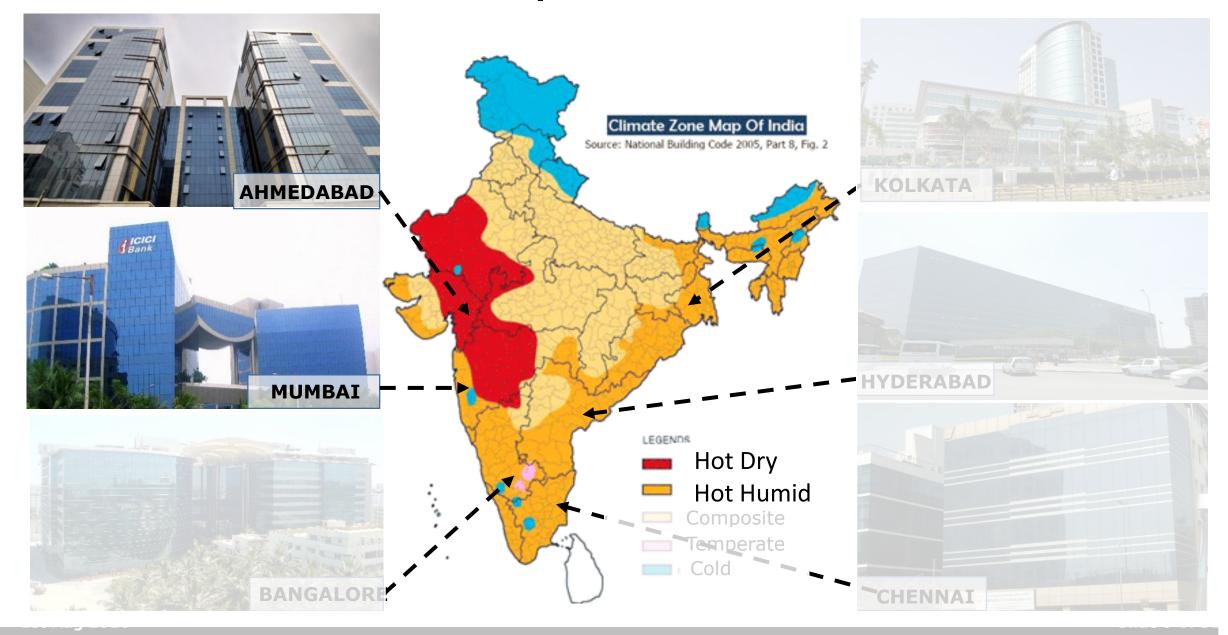
Vernacular solutions offer historical insights to adaptive comfort and can inform contemporary solutions tightly coupled to climate.

High performance climate responsive modern buildings offer technological insights for dynamic and adaptive solutions and can imbibe qualities of ingenious natural processes and sustainable vernacular techniques.

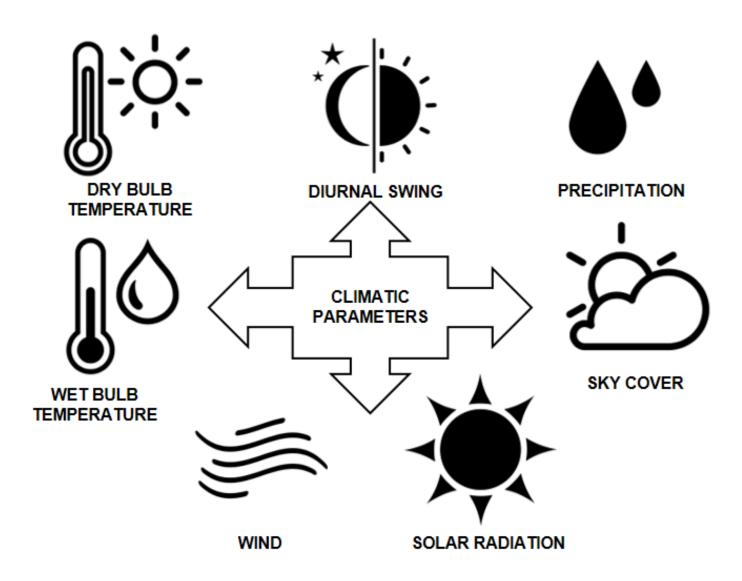
Methodology Of Research



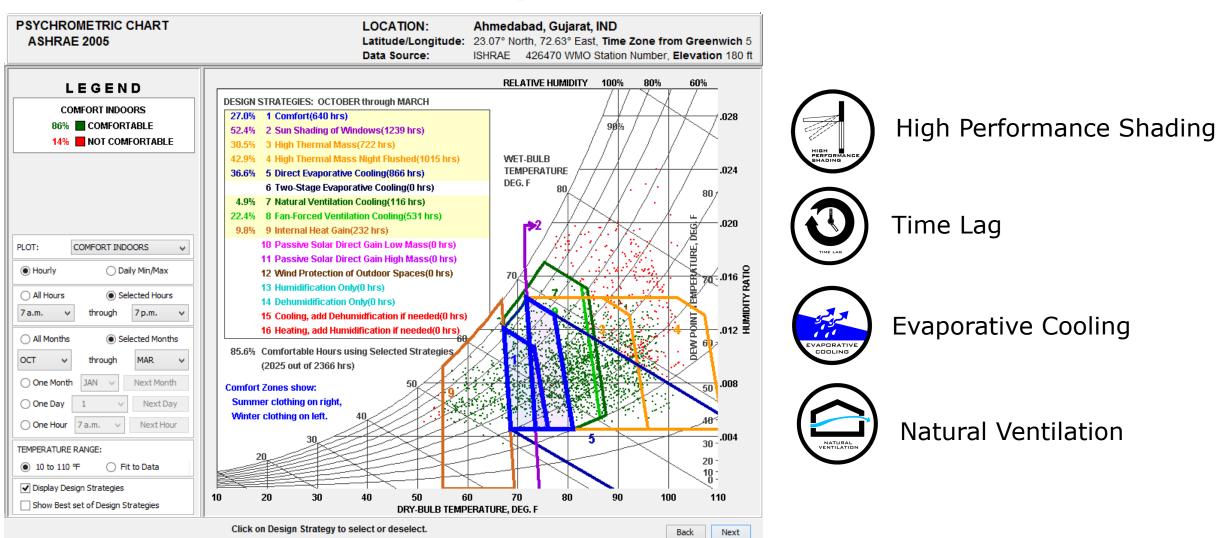
Selection of Sample Cities in Hot Climates



CLIMATE ANALYSIS



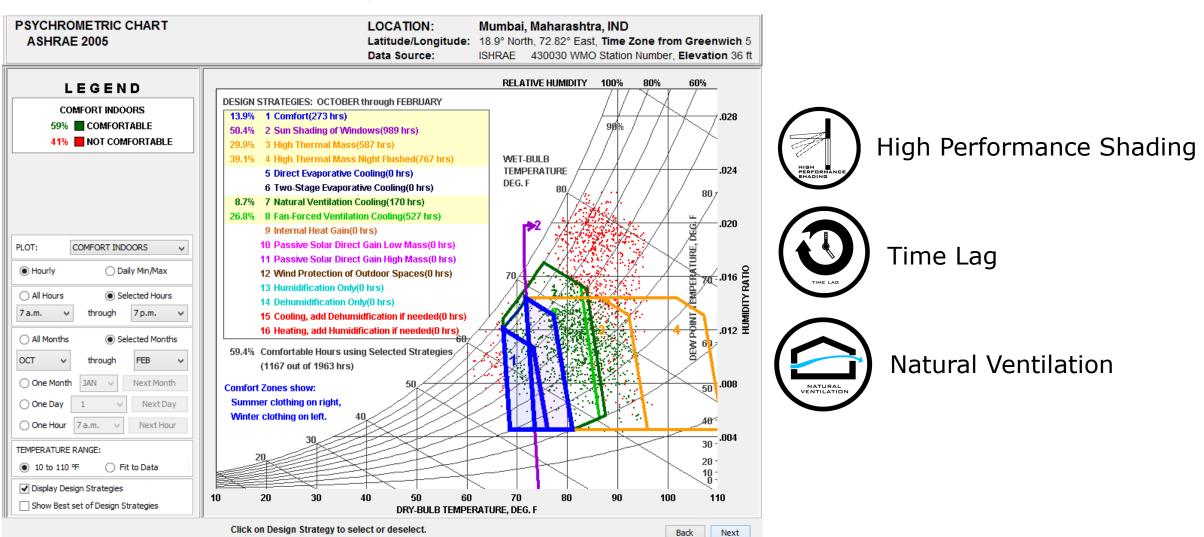
Hot And Dry Climate: Ahmedabad



45% of the year can be made comfortable with these strategies without mechanical cooling

Source: Climate Consultant

Hot And Humid Climate: Mumbai



Source: Climate Consultant

27% of the year can be made comfortable with these strategies without mechanical cooling

Crucial Strategies Identified from the Psychrometric Chart

High Performance Shading



Increases comfort by 2742/4745 hrs annually (57%)

Hot Humid

Hot Dry

Increases comfort by 2563/4745 hrs annually (54%)

Heat Gain Reduction



Increases comfort by 2687/4745 hrs annually (56%)

Increases comfort by 1412/4745 hrs annually (29%)

Natural Ventilation



Increases comfort by 733/4745 hrs annually (15%)

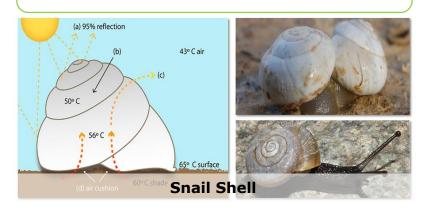
Increases comfort by 827/4745 hrs annually (17%)

High Performance Shading

Integrated layered system of **self shading** spines



Highly reflective shell, **insulating** air cushion and a **cooler** interior core



BIOMIMICRY

1 Incorporate **self shading** façade elements such as recessed windows, articulated cladding materials, roof overhangs or building offsets that mutually shade built spaces.

2 Integrate PV along with shading devices such as louvres or fins that move in response to sun's movement and power either the building or the dynamic shading itself.

3 Use only **light colored or** reflective materials that reflect the sunlight instead of absorbing it.

4 Design an adaptive hinge less shading system that takes advantage of the inherent elastic material property.

A diurnal motion in **response to sun** (Heliotropism)



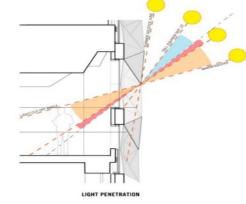
An **elastic property** of regaining original form after deformation



Biomimetic Case Study: Kuwait University Building, Kuwait



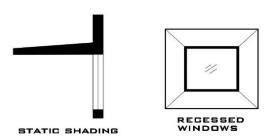




Custom designed shading

Diagram: sun and the shading device

By incorporating recessed windows designed for different orientations, The Kuwait University building achieves a 50% reduction in energy compared to a typical building of same size.



✓ Abundant Daylighting ✓ Excellent Outdoor views No natural ventilation

A Self-shading façade:

The architects drew inspiration from a cacti's shading technique to calibrate the building's self-shading skin in response to its specific solar exposure.

Sculpted, pre-cast concrete panels shield the underlying windows from over 80% of the sun's heat energy. (Kuwait University College Building, 2014)

To maximize daylight penetration there is the addition of a ground glass diffusing fin at each window.

High Performance Shading

Mutually **shaded open space** ensuring cross ventilation



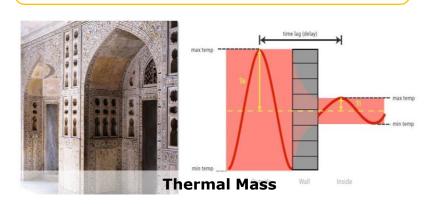
VERNACULAR

- 1 Incorporate either central or external courtyards, for shading the surrounding built spaces and delaying heat gain while ensuring daylight and cross ventilation.
- 2 Create **buffer spaces** by having balconies, terraces or semi open corridors that move the main façade away from direct solar gain.

Semi open circulation space protecting interior from direct solar gain



Walls with **high mass delaying** the heat transfer



3 Incorporate Jaali walls that obstruct the sunlight and shade as well as cause a time lag with thermal mass.

4 Choose materials and wall assemblies with **high thermal** mass to absorb the heat and delay its transfer into the indoor workspaces.

Perforated screens that modulate sun and wind based on unique physical pattern

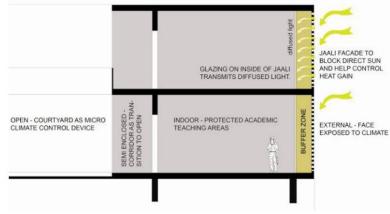


Vernacular Inspired Case Study: Pearl Academy Building, Jaipur







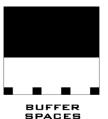


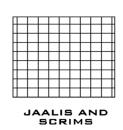
Semi open corridors, a courtyard and a sunken pool

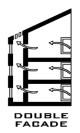
Section showing buffer space

By incorporating, jaalis and evaporative cooling, The Pearl Academy building achieves a 54% lesser EUI when compared to a standard GRIHA Compliant Building.









✓ Abundant Daylighting

✓ ExcellentOutdoor views

✓ Natural Ventilation

Jaali and a double façade:

The perforated outer skin sits 4 feet away from the building, reduces direct heat gain and allows diffused daylight.

Evaporative cooling:

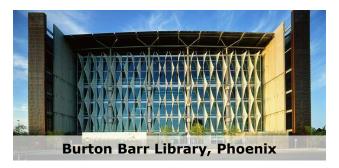
Drip channels running along the inner face of the screen allow for passive downdraft evaporative cooling

Earth cooling, thermal mass and ponds:

In the central courtyard, a scooped out under belly forms a natural thermal sink, cooled by water bodies through evaporative cooling.

High Performance Shading in Contemporary Buildings

Hot Dry Climate









Hot Humid Climate















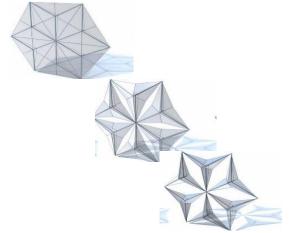


Al Bahr Building, Abu Dhabi (Hot Dry Climate)





Dynamic PTFE Panels





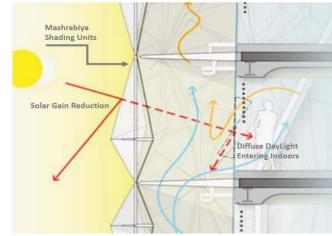
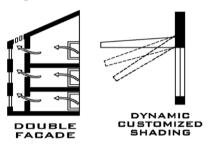


Diagram: Sun and shading device

By incorporating a dynamic shading system that reacts to the sun angle at a particular time of the day, the Al Bahr Building achieves a 25% reduction in building cooling loads and a 50% reduction in solar radiation gains.



✓ Abundant Daylighting **Compromised Outdoor views**

No Natural Ventilation

East and west façade: PTFE Open-close panels:

2000 PTFE panels that fold and unfold with respect to sun's movement.

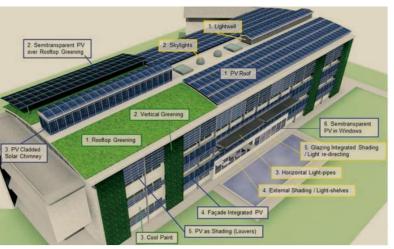
Conceptualised and emulated from the natural process of the Sunflower's Heliotropism and vernacular lattice screens.

The automation conditions for the folding action of the shading units which are as follows:

If solar rays land on the curtain-wall > than 83 degrees \rightarrow Fully-folded If solar rays land on the curtain-wall 80 - 83 degrees \rightarrow Mix-folded If solar rays land on the curtain-wall < 80 degrees \rightarrow Un-folded

BCA Building, Singapore (Hot Humid Climate)





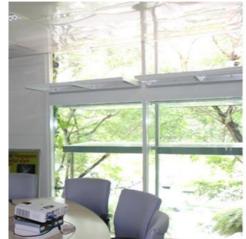




Diagram: Implemented green strategies

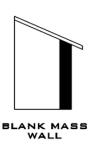
Daylighting Solar chimneys

By incorporating automated horizontal louvres integrated with PV, the BCA Building achieves a 63.5% reduction in EUI compared to a typical building in Singapore.









✓ Abundant Daylighting

✓ Excellent Outdoor Views

✓ Natural Ventilation

South Façade: Horizontal PV Integrated louvres:

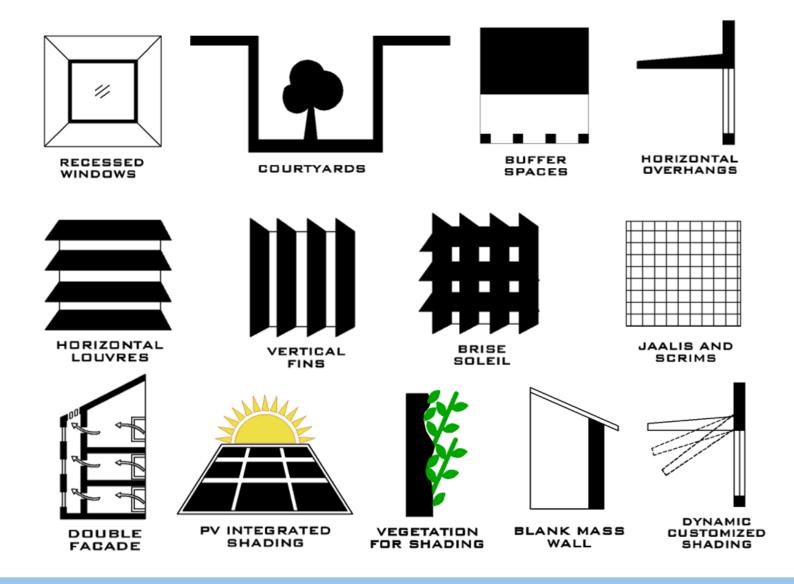
Horizontal louvres on South are PV Integrated to harness the available solar energy and power the shading elements, resulting in the building achieving a net zero energy status.

The louvres also have a reflecting film doubling them as light shelves that help penetrate light deeper into the building. (Wittcopf, 2015)

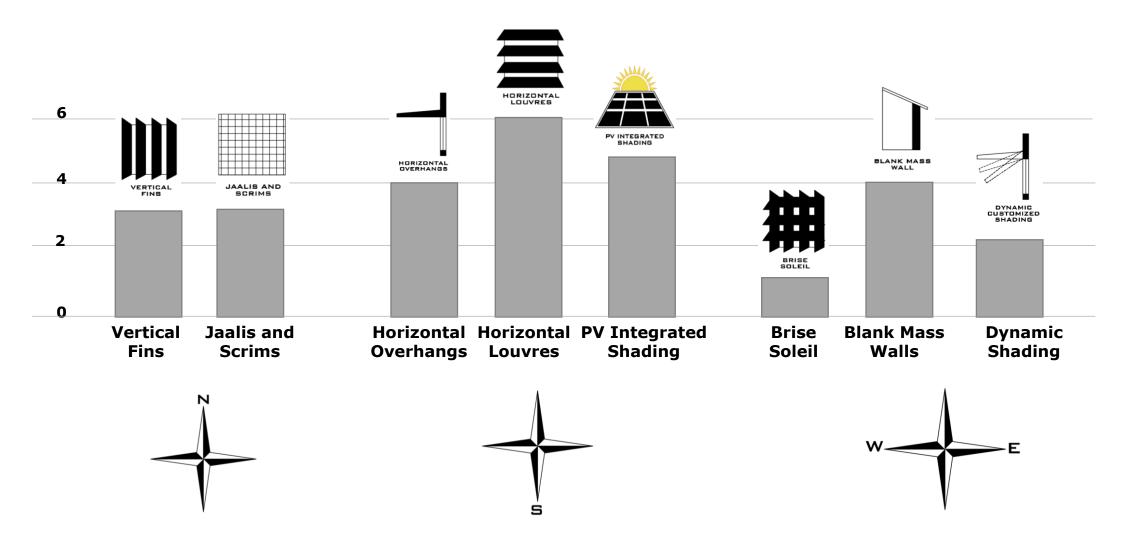
Vegetation:

Vertical green walls on the south facade as well as green spaces on the roof help in cooling the façade too.

Key Strategies Identified High Performance Shading

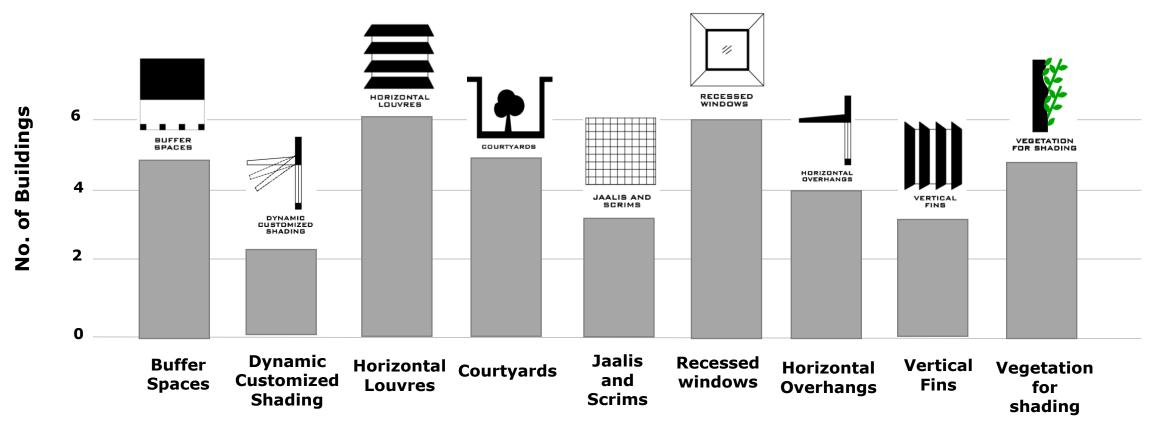


High Performance Shading: Orientation Based



*Shading Strategies Based on Case Study Research of 16 Buildings

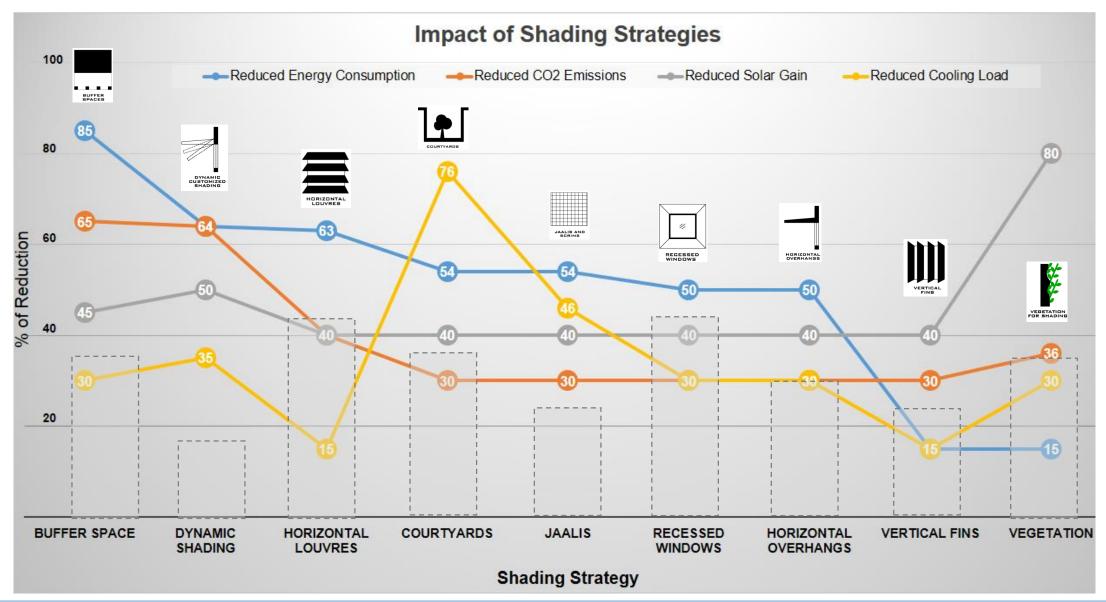
Most Popular Shading Strategies



Name of Strategy

*Shading Strategies Based on Case Study Research of 16 Buildings

Impact vs Popularity of Shading Strategies



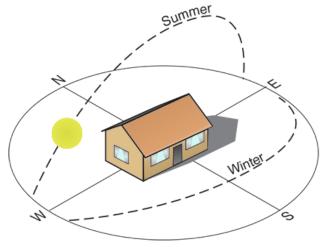
Guidelines Based On Modern Case Studies

To shade **North facades**, incorporate **Vertical shading elements** such as fins or fabric shades.





Orient the building with **longer North** and **South facades** and reduce the west and east exposure as much as possible.



To shade the **West and East facades**, have a **blank wall** with little to no glazing.



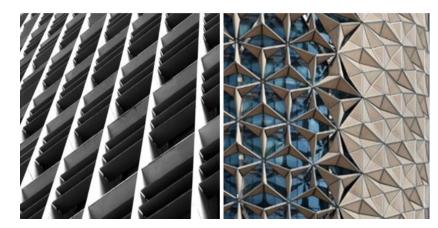


To shade **South facades**, incorporate **horizontal elements** such as louvres or movable overhangs





Incorporate horizontal and vertical elements such as **egg-crates with dynamic louvres** or jaalis.



Guidelines Based On Modern Case Studies

Incorporate **courtyards**, for shading the built spaces while ensuring daylight and cross ventilation.



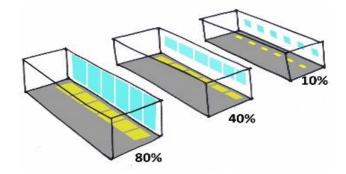


Maintain a **window to wall ratio** of 20 - 30% on the north, 30 to 50% on the south and a 0 to 20% on the west and east facades to minimize heat gain while maximizing daylight.

Integrate **Vegetation** as an element for shading using green walls, or vertical gardens to block solar radiation from entering the building.







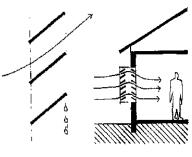
Incorporate **daylight enhancing elements** that also allow air flow for ventilation such as light redirection fins, light shelves or light tubes.





For hot-humid climates, ensure that the shading devices such as louvres **allow for ventilation** as well as keep the driving rain out of the indoors.



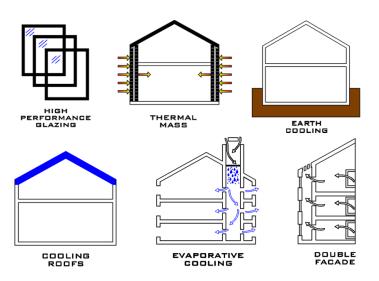


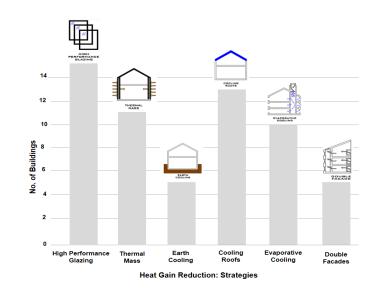
Heat Gain Reduction

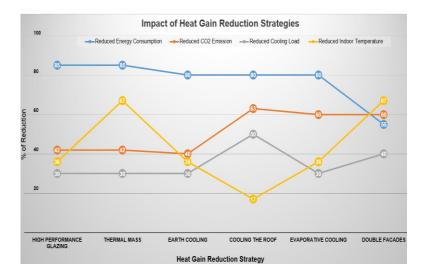




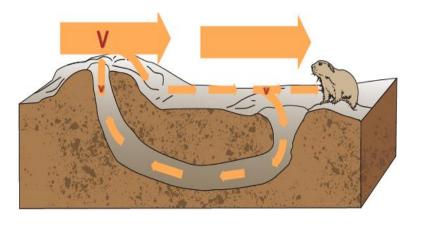






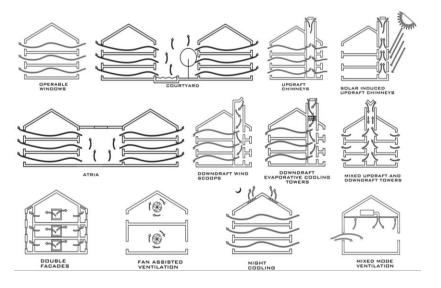


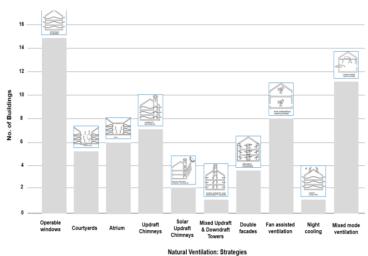
Natural Ventilation

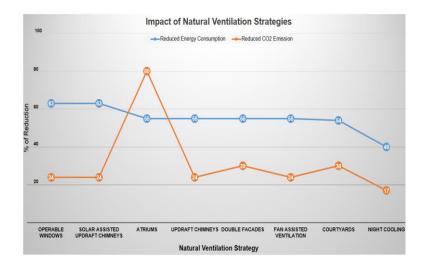












Current Design Guidelines for Ahmedabad: Climate Consultant 6

DESIGN GUIDELINES (for the Full Year)

ASHRAE 2005
User Modified Design Strategies, Default Criteria

Data Source:

Ahmedabad, Gujarat, IND

23.07° North, 72.63° East, Time Zone from Greenwich 5

ISHRAE

426470 WMO Station Number, Elevation 180 ft

Assuming only the Design Strategies that were selected on the Psychrometric Chart, 49.6% of the hours will be Comfortable.

This list of Non-Residential Design guidelines applies specifically to this particular climate, starting with the most important first.

Click on a Guideline to link to the 2030 Palette for related passive design ideas (see Help).

- Flat roofs work well in hot dry climates (especially if light colored) \$\square\$2030 On hot days ceiling fans or indoor air motion can make it seem cooler by 5 degrees F (2.8C) or more, thus less air conditioning is needed Climate responsive buildings in hot windy dry climates used enclosed well shaded courtyards, with a small fountain to provide wind-protected microclimates 37 Window overhangs (designed for this latitude) or operable sunshades (awnings that extend in summer) can reduce or eliminate air conditioning 🔩 2039 32 Minimize or eliminate west facing glazing to reduce summer and fall afternoon heat gain <2000 35 Good natural ventilation can reduce or eliminate air conditioning in warm weather, if windows are well shaded and oriented to prevailing breezes 🔩 2000 This is one of the more comfortable climates, so shade to prevent overheating, open to breezes in summer, and use passive solar gain in winter 🔩 2000 Use light colored building materials and cool roofs (with high emissivity) to minimize conducted heat gain 4200062 Climate responsive buildings in temperate climates used light weight construction with slab on grade and operable walls and shaded outdoor spaces A whole-house fan or natural ventilation can store nighttime 'coolth' in high mass interior surfaces (night flushing), to reduce or eliminate air conditioning 🔩 2000 Provide double pane high performance glazing (Low-E) on west, north, and east, but clear on south for maximum passive solar gain 🔩 2000 47 Use open plan interiors to promote natural cross ventilation, or use louvered doors, or instead use jump ducts if privacy is required 4.203041 The best high mass walls use exterior insulation (like EIFS foam) and expose the mass on the interior or add plaster or direct contact drywall To facilitate cross ventilation, locate door and window openings on opposite sides of building with larger openings facing up-wind if possible \$\frac{2030}{2030}\$ For passive solar heating face most of the glass area south to maximize winter sun exposure, and design overhangs to fully shade in summer 🔩 2000 Slab on grade should provide enough thermal mass for storing night 'coolth', but if air conditioning is still needed add more interior mass 🔩 2030 Screened occupancy areas and patios can provide passive comfort cooling by ventilation in warm weather and can prevent insect problems 17 Use plant materials (bushes, trees, ivy-covered walls) especially on the west to minimize heat gain (if summer rains support native plant growth) * 2000 Long narrow building floorplan can help maximize cross ventilation in temperate and hot humid climates < 2030 To produce stack ventilation, even when wind speeds are low, maximize vertical height between air inlet and outlet (open stairwells, two story spaces, roof monit... * 2000.
- One of the guidelines states that this 'is
 one of the more comfortable
 climates' which is ambiguous as it is
 not a comfortable climate always.
- The use of passive solar gain in winters is not required in Ahmedabad, since the temperatures in winter do not fall below 15°C (50°F).
- Incorporating clear glass on the South for maximum passive solar gains, is highly inappropriate for Ahmedabad.
- In a hot climate, all orientations need to have high performing windows which are at least double paned and there is no need to maximise passive solar gain.

Current Design Guidelines for Mumbai: Climate Consultant 6

DESIGN GUIDELINES (for the Full Year)
ASHRAE 2005

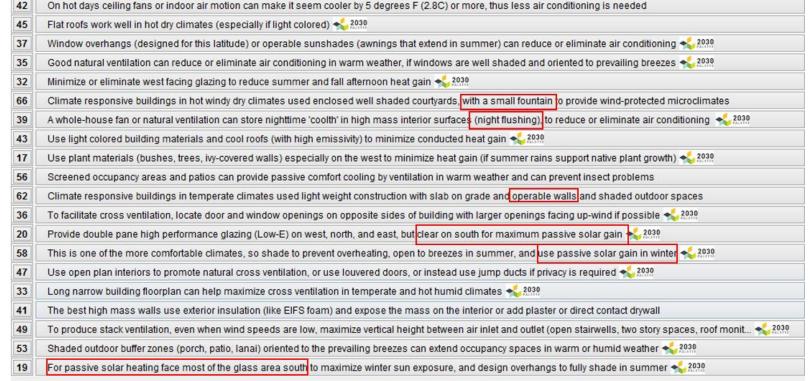
User Modified Design Strategies, User Modified Criteria

LOCATION: Mumbai, Maharashtra, IND

Latitude/Longitude: 18.9° North, 72.82° East, Time Zone from Greenwich 5

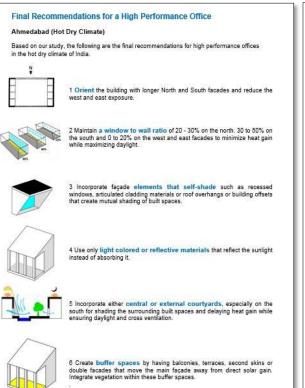
Data Source: ISHRAE 430030 WMO Station Number, Elevation 36 ft

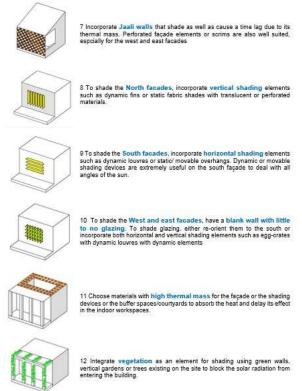
Assuming only the Design Strategies that were selected on the Psychrometric Chart, 34.5% of the hours will be Comfortable. This list of Non-Residential Design guidelines applies specifically to this particular climate, starting with the most important first. Click on a Guideline to link to the 2030 Palette for related passive design ideas (see Help).

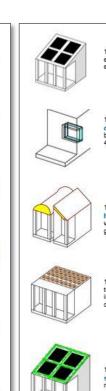


- One of the guidelines states that 'well
 enclosed shaded courtyards with a small
 fountain' would be ideal in this climate.
 However, considering that the city is
 extremely humid with RH reaching 85%,
 fountains or evaporative cooling is not
 feasible.
- Night flushing with high mass is stated as one of the recommendations, however since this climate does not have a sufficient daynight swing, this may not be one of the best strategies for Mumbai.
- Incorporating clear glass on the South for maximum passive solar gains, is highly inappropriate for Mumbai.

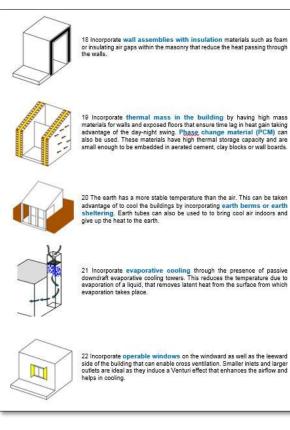
Final Design Recommendations for Ahmedabad





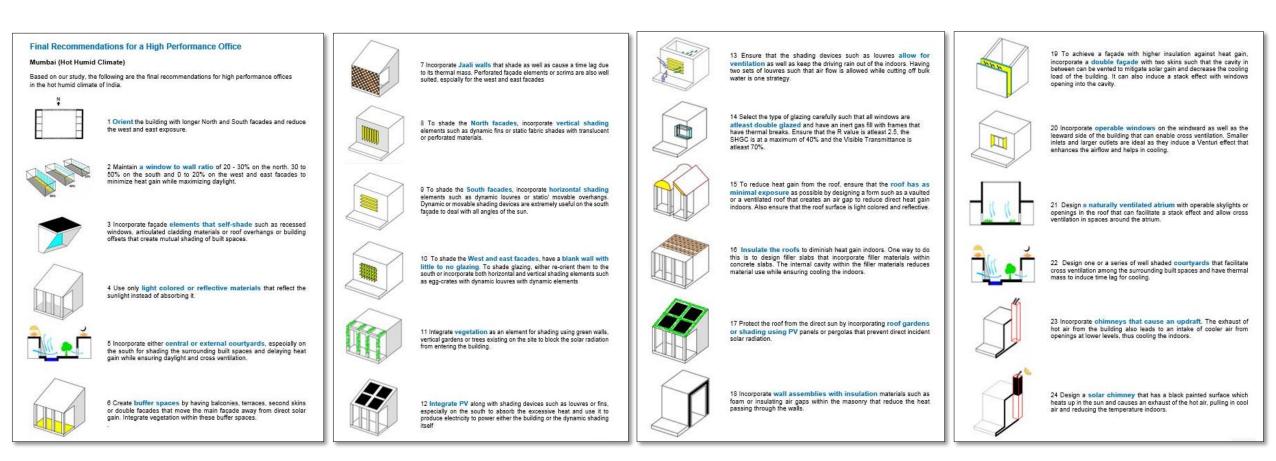


13 Integrate PV along with shading devices such as louvres or fins. especially on the south to absorb the excessive heat and use it to produce electricity to power either the building or the dynamic shading itself 14 Select the type of glazing carefully such that all windows are atleast double glazed and have an inert gas fill with frames that have thermal breaks. Ensure that the R value is atleast 2.5, the SHGC is at a maximum of 40% and the Visible Transmittance is atleast 70%. 15 To reduce heat gain from the horizontal roof surface, ensure that the roof has as minimal exposure as possible by designing a roof form such as a vaulted roof or a ventilated roof that creates an air gap to reduce direct heat gain indoors. Also ensure that the roof surface is light colored and reflective. 16 Insulate the roofs to diminish heat gain indoors. One way to do this is to design filler slabs that incorporate filler materials within concrete slabs. The internal cavity within the filler materials reduces material use while ensuring cooling the indoors 17 Protect the roof from the direct sun by incorporating roof gardens or shading using PV panels or pergolas that prevent direct incident solar



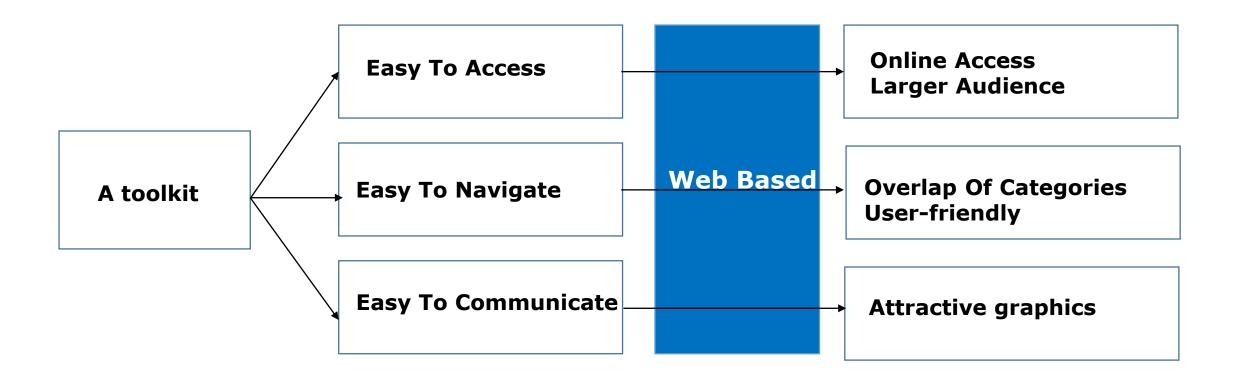
Recommendations for Climate Consultant Design Guidelines Page

Final Design Recommendations for Mumbai

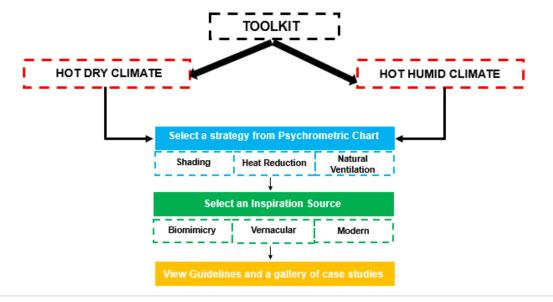


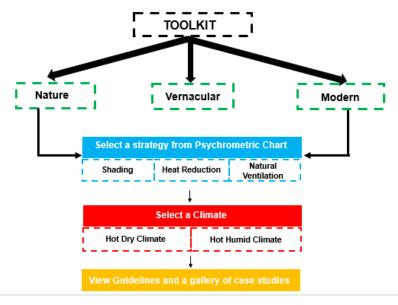
Recommendations for Climate Consultant Design Guidelines Page

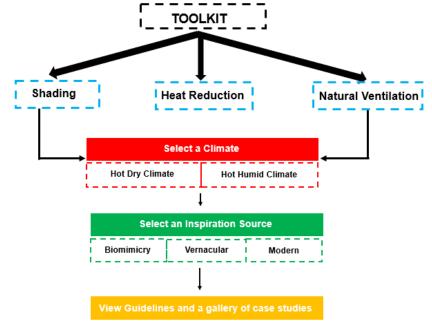
A Toolkit to Encourage High performance Offices in India

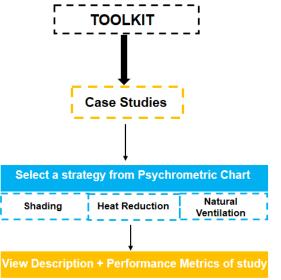


Navigation Flows for the Web Based Toolkit









Future Work

- Energy Simulation of selected strategies
- Extending guidelines to more climate zones
- Adding more case studies to database
- Updating the toolkit for more cities in India
- Making the toolkit accessible to as many designers and building owners as possible





THANK YOU

Any questions?

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